

DON'T MAKE HEADLINES FOR THE WRONG REASON

TANNING BEFORE AGE 35
INCREASES YOUR RISK OF
MELANOMA BY NEARLY 60%*

Learn the risks

**TAKE THE
PLEDGE!**

SPREAD THE WORD

WWW.THEBEDISDEAD.ORG

*Find the full list of facts at www.thebedisdead.org/facts

WIN A CASH PRIZE**

#THEBEDISDEAD CONTEST

1. Post a selfie photo or video on Instagram or Twitter
2. Use the hashtag **#THEBEDISDEAD**
3. Tell us why you have chosen to not tan indoors

**To be eligible to win, you must follow the rules and regulations found at www.thebedisdead.org/contest

Nebraska Cancer Coalition (NC2) is a statewide partnership of 350 individuals representing 200 public and private organizations. Our partners work together to prevent and control cancer and its economic and psychosocial effects on our families, friends and communities. NC2 works toward implementing the goals and objectives outlined in the Nebraska State Cancer Plan.

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